



HITTING BOOT CAMP

4 Sessions Of Drills & Teaching
January, February, March & April
1 Hour & Half 2 Days a Week

HITTING BOOT CAMP

What is it?
This a full Hour and a Half camp of HITTING!

We will have a number of different drills to cover each week to get the most cuts possible. In an hour and half your player should get plenty of **QUALITY SWINGS** in. Yes it is not the number of swings that is important, but the quality of the swings taken. That is why we will be on hand to evaluate and teach the proper swing mechanics to your player. Here are a few drills done each night.

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|----------------------------|----------------|---------------|
| 1. Tee Work | 2. Angle Flips | 3. Side Flips |
| 4. Front Flips | 5. Short Toss | 6. Long Toss |
| 7. Work Off The Iron Mikes | | |
| 8. Use of RightView Pro | | |

Your player will learn to attack the baseball and abuse the defence.

SESSIONS

Session 1 - January
10,13,17,20,24,27,31
Session 2 - February
3,7,10,14,17,21,28
Session 3 - March
3,7,10,14,17,21,28
Session 4 - April
4,7,11,14,18,21,25

SIGN UP

Call Elite Instructional Academy at 712.226.2255 and reserve your spot.

Space is Limited

EISIOUXLAND.COM

PRICE

1 Session - \$70 (7 Dates)
2 Sessions - \$130 (14 Dates)
3 Sessions - \$190 (21 Dates)
4 Sessions - \$240 (28 Dates)

Hour and a Half of hitting and Instruction each date.

